SPRING AND SUMMER 2023

COVID-19 is changing, and so is the way we protect against it. In April 2023, the CDC gave new guidance. Here's what you need to know.



Everyone ages 6 and over should get one dose of the updated (bivalent) COVID-19 vaccine.

If you already got a bivalent booster, you are up to date.

 Adults 65 and older can get a second dose of the updated vaccine 4 months after their last dose.



You had an updated (bivalent) dose if you are:

- A child 6 to 11
 years old who got a
 booster on or after
 October 12, 2022.
- A child 12 years and older or an adult who got a booster on or after September 2, 2022.



Not sure when you got your last vaccine? Here's how to find out if you got a bivalent dose:

- Look on your Vaccination Record Card to see if you have a dose that says "bivalent."
- Call the place where you had your last dose and ask them.
- Look on Massachusetts' Vaccine Registry: myvaxrecords.mass.gov

GREAT NEWS!

Now, people 6 years and older who have never been vaccinated for COVID-19 only need to get one dose!

After getting sick with COVID, you can wait **up to 3 months** before getting a vaccine or booster. **Ask your healthcare provider for advice.**

Need information on vaccination for children 5 years and younger?

Go to mass.gov/COVIDvaccine

If you are immunocompromised, you can get a second dose. Ask your healthcare provider for advice. If you have any other questions about the COVID booster,